



We are here to help you

For more information and to find out how we can help you, please contact us on 0345 646 0406 or email enquiries@nockolds.co.uk and a member of our team will be in touch.

This document is available for download on our website: www.nockolds.co.uk/ news/supporting-and-welcome-ukrainians-into-our-community/

CHILDREN AND FAMILY **GENERAL** Organisation Website **Further Information** Information for both hosting hertfordshire residents www.hertfordshire.gov. Ukraine Support in uk/about-the-council/ and Ukrainian families on Hertfordshire news/ukraine-support-inschooling information, hertfordshire.aspx money advice, doctors and emergency numbers etc. East Herts Council page www.eastherts.gov.uk/ in relation to support for East Herts Council support-ukraine Ukraine; How you can help and support available. www.savethechildren.org. Save the Children uk/where-we-work/europe/ ukraine Sue Piper has kindly donated handmade teddies, which are Sue Piper available to pick up from the Nockolds office in Bishop's Stortford (6 Market Square, CM23 3UZ) www.boden.co.uk/en-gb/ Boden are supplying clothes mini-boden-clothing-Boden for refugee children aged 12 and under. donation

| CHILDREN AND FAMILY SCHOOL AND COLLEGE | | |
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| Organisation | Website | |
| School Places (Шкільні місця) | Email: ukraine.ukschooladmissions@hertfordshire.gov.uk | |
| Hertfordshire – Free School Meals | www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-school-meals.aspx | |
| Bishop's Stortford Educational Trust (BSET) | www.bsetscitt.co.uk/ | |
| Avanti Meadows | www.avanti.org.uk/avantimeadows/ | |

| CHILDREN AND FAMILY SOCIAL SERVICES | | |
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| Organisation | Website | Further Information |
| Hertfordshire Social Care | www.hertfordshire.gov.uk/services/ childrens-social-care/childrens- social-care.aspx | Provides information in relation to reporting concerns about a child, adoption, fostering, young people in care and special educational needs. |

| WOMEN'S AID | | |
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| Organisation | Website | Further Information |
| Refuge | www.refuge.org.uk/get-help-now/ support-for-women/ | For women and children against domestic violence. Freephone 24-Hour National Domestic Abuse Helpline: 0808 2000 247 |
| Refuge webchat | www.nationaldahelpline.org.uk/ (access live chat Mon-Fri 3-10pm) | Webchat for advice, support and assistance. |
| Women's Aid | www.womensaid.org.uk/ | Supporting women who have suffered or are suffering domestic abuse. |
| Safer Places | www.saferplaces.co.uk/ | Domestic abuse support services. Helpline: 03301 025 811 |

| CHILDRENS CENTRES | | |
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| Organisation | Website | Further Information |
| Hertfordshire Family Centre Service | www.hertsfamilycentres.org/ family-centres.aspx | Supporting children, young people, their parents, families and carers. |
| Hertfordshire Family Centre – East Herts Hub | www.hertsfamilycentres.org/ contact/family-centres/east-herts. aspx# www.hertsfamilycentres.org/ media/documents/east-herts- summer-2022.pdf - (what's on up to July 2022) | Support, activities and courses for children and families. |
| Rainbow Soft Play | www.rainbowsoftplaybishop.co.uk/ | Soft Play for young children |
| Woody's Play Barn | www.woodysplaybarn.co.uk/ | Soft Play for children. |
| Thorley Manor Playgroup | https://www.facebook.com/ ThorleyManorMotherAndToddler | Offering free sessions for Ukrainian families. (Tuesdays and Fridays from 9.45am until 11.15am) - All ages welcome Venue: Thorley Community Centre, Friedberg Avenue, Bishop's Stortford, CM23 4RF. Tel: 01279 329 686 Email: tmmtg@hotmail.com |
| Toddlers & Co | https://www.facebook.com/ BSBCToddlersAndCo/ | Honesty box for contributions but this is optional – no need to contribute if not able to do so. Tuesdays and Thursdays from 10.00am until 10.45am - term time only. For ages 0 - 3 years. Bishop's Stortford Baptist Church, Twyford Road, Bishop's Stortford, CM23 3LJ. Tel: 01279 507575 Email: toddlers@stortfordbaptist. org |
| Family Coffee | https://www.facebook.com/ familycoffeeholycross/ | Free to all. For expectant mums, parents, grandparents, babies and preschoolers. Fridays from 9.30am until 11.00am. Term time only. Smylie Hall, Holy Cross Church, 5 Station Road, Felsted, CM6 3DQ 07970 959912 |

| Playdates in the Park | https://www.facebook.com/ groups/519344599538994 | Free to all. For babies and toddlers under 4 years of age. Friday afternoons from 1.30pm until 3.00pm Sworders Field, Bishop's Stortford, CM23 2EL |
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| Treasure Chest and Bumps and Babies | https://thecommunitychurch.org. uk/diary/ https://www.facebook.com/ groups/1589776327985467 | No charge for Ukrainian families. Treasure Chest: for walkers and older (Bumps and Babies: Babies that are not yet walking). Tuesdays from 10.00am to 11.30am. Term time only. The Main Hall and the Small Hall, The Charis Centre, Water Lane, Bishop's Stortford, CM23 2JZ. |
| Messy Church | https://www.messychurch.org. uk/church/all-messy-church- community-church-bishops- stortford https://www.facebook.com/ groups/1589776327985467 | No charge for Ukrainian families. All ages welcome. The last Sunday of every month at 3.30pm The Charis Centre, Water Lane, Bishop's Stortford, CM23 2JZ Tel: 01279 461231 |
| Baby Rhyme Time | https://www.bishopsstortfordtc. gov.uk/about-town/bishops- stortford-library https://www.facebook.com/ BishopsStortfordLibrary/ | Free to all. Join in with stories and rhymes for babies and toddlers. Tuesdays from 10.30am until 11.00 am and 11.30am until 12.00 noon. Bishop's Stortford Library, The Causeway, Bishop's Stortford, Hertfordshire, CM23 2EJ. Tel: 0300 423 4049 |
| Toddler Tales | https://www.bishopsstortfordtc. gov.uk/about-town/bishops- stortford-library https://www.facebook.com/ BishopsStortfordLibrary/ | Free to all. For toddlers. Thursdays from 2.15pm to 2.45pm Bishop's Stortford Library, The Causeway, Bishop's Stortford, Hertfordshire, CM23 2EJ. Tel: 0300 423 4049 |
| Tiny Tots | https://www.saintmichaelweb.org. uk/Group/Group.aspx?ID=310496 | Free to all. Babies and pre- schoolers. Wednesdays at 11.00am until 11.30am Windhill Churches Centre, Behind St Michael's Church, Windhill, Bishop's Stortford, CM23 2ND Tel: 01279 654416 |

| Godly Play | | Free to all. For children of all ages, with their adults, to share in A Godly Play (a short visual storytelling of scriptures, with wondering questions, stories, crafts, puzzles, and even some acting for those that want to. For all ages to share together; then various age related activities. Sundays 10.00am until 11.00am St Michael's Church, Windhill, Bishop's Stortford, CM23 2ND |
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| Baby and Toddler Rhyme Time | https://libraries.essex.gov.uk/ library-locations-and-opening- times/stansted-library/ | Free to all. Join in with stories and rhymes. Tuesdays 10.30am until 11.00am and Thursdays 2.15pm to 2.45pm Stansted Mountfitchet Library, The Mountfitchet Exchange, Crafton Green House, 72 Chapel Hill, Stansted Mountfitchet, CM24 8AQ. Email: stansted.library@essex.gov. uk |
| Baby and Toddler Rhyme Time | https://libraries.essex.gov.uk/ library-locations-and-opening- times/thaxted-library/ | Free to all. Join in with stories and rhymes. Fridays 9.30am until 10.00am. Term-time only. Thaxted Library, 7 Town Street, Thaxted, Dunmow, CM6 2LD Email: thaxted.library@essex.gov.uk |
| Baby Rhyme time | https://libraries.essex.gov.uk/ events/saffron-walden-library- events/baby-rhymetime-saffron- walden-library/ | Free to all. Rhymes and stories for babies under 1. Tuesdays 9.30am until 10.00am Saffron Walden Library, 2 King Street, Saffron Walden, CB10 1ES. Email: saffronwalden.library@essex. gov.uk |
| Storytime | https://libraries.essex.gov.uk/ events/saffron-walden-library- events/storytime-saffron-walden- library/ | Free to all. Rhyme time and stories for over ones. Tuesdays 10.30am until 11.00am Saffron Walden Library, 2 King Street, Saffron Walden, CB10 1ES. Email: saffronwalden.library@essex.gov.uk |

| Baby and Toddler Rhyme Time | https://libraries.essex.gov.uk/ library-locations-and-opening- times/dunmow-library/ | Free to all. Join in with stories and rhymes. Wednesdays 9.30am until 10.00am and Fridays 10.00am until 10.30am Great Dunmow Library, 47 White Hart Way, Great Dunmow CM6 1FS Email: dunmow.library@essex.gov. uk |
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| Block Builders Construction Club | https://libraries.essex.gov.uk/ library-locations-and-opening- times/dunmow-library/ | Free to all. Get creative and build in our construction club, great way to build motor skills, creativity and have lots of fun. New themes every week. Every third Saturday of the month, 2.30pm to 4.00pm Great Dunmow Library, 47 White Hart Way, Great Dunmow CM6 1FS Email: dunmow.library@essex.gov. uk |

| MEDICAL | | |
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| Organisation | Website | Further Information |
| NHS Find a GP | www.nhs.uk/service-search/find- a-gp | |
| | LOCAL GPs | |
| Church Street Partnership | www.churchstsurgery.co.uk/ | 30A Church Street, Bishop's Stortford, Hertfordshire, CM23 2LY |
| | | Tel: 01279 657 636 |
| Haymeads Lane Medical Centre | www.churchstsurgery.co.uk/ | Cavell Drive, Bishops Stortford, Hertfordshire, CM23 5JH |
| | | Tel: 01279 657 636 |
| Thorley Health Centre | www.churchstsurgery.co.uk/ | Villiers-Sur-Marne, Thorley Park, Bishop's Stortford, Hertfordshire, CM23 4EG |
| | | Tel: 01279 657 636 |
| Bishop's Park Health Centre | www.southstreetsurgery.co.uk/ | Lancaster Way, Bishops Stortford, Hertfordshire, CM23 4DA |
| | | Tel: 01279 465 700 |

| South Street Surgery | www.southstreetsurgery.co.uk/ | 83 South Street, Bishop's Stortford, Hertfordshire, CM23 3AP Tel: 01279 465 700 |
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| Parsonage Surgery | www.parsonagesurgery.co.uk/ | Herts & Essex Community Hospital, Cavell Drive, Haymeads Lane, Bishop's Stortford, Hertfordshire, CM23 5JH Tel: 01279 594 450 |

| DENTAL | | |
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| Organisation | Website | Further Information |
| Bupa Dental Care | www.bupa.co.uk/dental/dental- care/practices/bishops-stortford | 1 Barrett Lane, Bishop's Stortford, Hertfordshire CM23 2JT |
| | | Tel: 01279 654 097 |
| Damira Dental Studios | www.damiradental.co.uk/practice/ bishops-stortford-hertfordshire | 75 South Street, Bishop's Stortford, Hertfordshire CM23 3AL |
| | | Tel: 01279 215 945 |
| The Dentist | | 66 South Street, Bishop's Stortford, Hertfordshire CM23 3AZ |
| | | Tel: 01279 710 100 |
| Much Hadham Dental Care | | The Old Surgery, High Street, Much Hadham, Hertfordshire SG10 6DA |
| | | Tel: 01279 842 567 |

| GENERAL MONEY MATTERS | | |
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| Organisation Website | | |
| Money Saving Expert | forums.moneysavingexpert.com/discussion/6347356/bank-account-for-ukrainian-refugees | |

| BANKING | | |
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| Organisation | Website | Contact Details |
| Fifi Finance Information in relation to opening bank accounts | www.fififinance.com/uk/ ukrainian-bank-accounts-uk | |

| Natwest | www.natwest.com/ukraine-refugees.html www.natwest.com/ukraine-refugees.html#apply-steps | 7 North Street Bishop's Stortford Hertfordshire CM23 2LE Tel: 03457 888 444 Branch contact: Faye Westall Mobile: 07974 589774 Email: faye.westall@natwest.com |
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| Santander | www.santander.co.uk/personal/ ukraine-support | 20-24 Potter Street Bishop's Stortford Hertfordshire CM23 3UL Tel: 0800 085 1491 Branch contact: Lauren Ellis Tel: 055 114 30177 |
| Nationwide | www.nationwide.co.uk/news-and- stories/donate-to-ukraine/ www.nationwide.co.uk/current- accounts/help/how-to-open-a- bank-account/ | 14-16 South Street Bishop's Stortford Hertfordshire CM23 3AT Telephone: 0345 266 0609 Contact name: Lisa Stenson |
| Lloyds | www.lloydsbank.com/help- guidance/ukraine-support.html | 20 North Street Bishop's Stortford Hertfordshire CM23 2LN Tel: 0345 602 1997 Branch contact: Sam Curran Tel: 07384 244 585 |
| Barclays | www.barclays.co.uk/moments/ new-to-the-uk/ | 10 North Street Bishop's Stortford Hertfordshire CM23 2LH Tel: 0345 734 5345 Branch contact: Claire Savage |
| Starling Bank | www.starlingbank.com/open-bank- account-online/ | Online only |

| CHARITY HEALTH, HELP AND SUPPORT - LOCALLY | | |
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| Organisation | Website | Further Information |
| Citizens Advice Bureau (CAB) Available at the Jackson Square community space on Tuesday afternoon between 12.00noon to 2.00pm | www.citizensadviceeastherts. org.uk/ | Adviceline (Mon to Friday 9am to 5pm): 0800 144 8848 Message line (anytime): 01920 459 944 |
| Churches Together Bishop's Stortford (CTBS) | www.ctbs.org.uk/ | |
| Community Voluntary Services for Broxbourne and East Herts | www.cvsbeh.org.uk/ | Providing a range of services to develop, enhance and empower voluntary community groups including; community learning, job smart, funding community transport, volunteers. |
| Herts Welcomes Refugees | www.hwsf.org.uk/ | Welcoming and supporting refugees in Hertfordshire. |

| CHARITY HEALTH, HELP AND SUPPORT - NATIONALLY | | |
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| Organisation | Website | Further Information |
| Sanctuary Foundation | www.sanctuaryfoundation.org. uk/ | Supporting new arrivals from Ukraine. |
| Refugees at Home | www.refugeesathome.org/ | Refugees at Home is a UK charity which connects those with a spare room in their home to refugees and asylum seekers in need of somewhere to stay. |
| Reset | www.resetuk.org/ | Reset is the UK's sponsorship learning hub coordinating the growth of community sponsorship. Reset are helping to register and match refugees from Ukraine with sponsors across the UK. |
| OPORA Network | www.opora.uk/ | Emergency and long term practical financial support for Ukrainians to rebuild their lives. Assisting with funding accommodation, travel and supporting Ukrainians resettling. |
| Sebby's Corner | www.sebbyscorner.co.uk/ukraine- support | So no child goes without - charity supporting Ukrainian families arriving in the UK. |

| British Red Cross | www.redcross.org.uk/get-help/ get-help-as-a-refugee/help-for- refugees-from-ukraine | Support line: 0808 196 3651 |
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| Samaritans | www.samaritans.org/ | Call free anytime: 116 123 |
| Samaritans Herts & Essex | www.samaritans.org/branches/ ware/ | Call free anytime: 116 123 |
| Shelter | https://england.shelter.org.uk/ housing_advice | 0808 800 4444 |
| The Counselling Foundation | www.counsellingfoundation.org | 0300 303 6690 Contact: Emma Branch (CEO) Email: emma.branch@ counsellingfoundation.org |
| Charity Translators | www.charitytranslators.org/ LinksforUkraine | Links to initiatives and resources to support those affected. |

| LEGAL ASSISTANCE | | |
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| Organisation | Website | Further Information |
| Nockolds Solicitors | www.nockolds.co.uk/ | 0345 646 0406 |
| Citizens Advice Bureau (CAB) Available at the Jackson Square community space on Tuesday afternoon between 12.00noon to 2.00pm | hertforddistrict.foodbank.org.uk/ | Adviceline (Mon to Friday 9am to 5pm): 0800 144 8848 Message line (anytime): 01920 459 944 |

| MONEY INFORMATION ADVICE | | |
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| Organisation | Website | Further Information |
| Gov.uk | www.gov.uk/government/news/ immediate-benefit-support-for- those-fleeing-the-invasion-in- ukraine | People fleeing Ukraine and arriving in the UK can claim benefits immediately. |
| Department for Work and Pensions (DWP) | www.gov.uk/government/ organisations/department-for- work-pensions | |
| CAB | www.citizensadvice.org.uk/ benefits/ | |

| PROFESSIONAL EMPLOYMENT / SKILLS | | |
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| Organisation | Website | Further Information |
| CVSBEH Job Smart and Job Club | www.cvsbeh.org.uk/jobsmart/ | Community based project aimed at helping residents who are unemployed and require help to navigate the job seeking market. |
| Step 2 Skills | www.hertfordshire.gov.uk/ microsites/adult-learning/adult- learning.aspx hertfordshirefamiliesfirst. org.uk/december-2021/ | Skills to assist with employability. |
| | learningdevelopment/forthcoming- step-2-skills-courses | |
| Kick Start | www.charity-works.co.uk/kickstart/ | Kickstart offers an opportunity of a 6 month work placement (25 hours a week), accessible to young people aged 16-24 who are in receipt of Universal Credit and at risk of long-term unemployment. |
| English language lessons | www.cvsbeh.org.uk/ | English for speakers of other language services are provided by CVSBEH Contact: Sarah Forbes Email: sarah@cvsbeh.org.uk |
| Hire for Ukraine | https://hireforukraine.org/helpful- resources | Helpful employment resources for Ukrainian refugees |
| Tech Nation | https://technation.io/resources-to- support-ukrainian-talent/ | Employment resource to support Ukrainian talent |
| UA Talents | www.uatalents.com/ | Companies from all over Europe can advertise their job openings to people from Ukraine who have lost their employment due to the war |
| Employ Ukraine | https://employukraine.org/ | Hire Ukrainian talent |
| Insignia Recruitment | www.insignia-recruit.co.uk | Providing temporary, permanent, and contractor recruitment. Contact: Marie McDermott Email: 0203 750 0575 (ext 307) |

| FOOD AND ITEMS | | |
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| Organisation | Website | Further Information |
| Bishop's Stortford Foodbank | bishopsstortfordfoodbank.com/ | 07432 785 976 |

| Hertford & District Foodbank | hertforddistrict.foodbank.org.uk/ | 07851 708 470 |
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| Too Good To Go | www.toogoodtogo.co.uk/en-gb/ | App based on location to rescue surplus, unsold food from various shops and restaurants. |
| Olio | www.olioex.com/ | App based on location to for people and businesses to share surplus food to avoid wastage. |
| UNICEF | www.unicef.org/ukraine/en | UNICEF is helping to ensure families have clean water and food and that child health and protection services continue. |
| Association of Ukrainians in Great Britain | www.augb.co.uk/ | The Association of Ukrainians in Great Britain is fundraising for medicine, food and other essentials. |

| GETTING AROUND | |
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| Organisation | Website |
| Intalink – passenger transport in Hertfordshire | www.intalink.org.uk/ |
| Routes timetables and maps for Intalink bus services | www.intalink.org.uk/services |
| Bus Map - Bishop's Stortford | images.intalink.org,uk/2020-03/Bishops-Stortford_0.pdf |
| Traveline | www.traveline.info/ |
| National Rail – Trains | www.nationalrail.co.uk/ |
| Coaches | www.nationalexpress.com/en |
| Airport | www.stanstedairport.com/ |

| TAXI COMPANIES | |
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| Organisation | Telephone Number |
| Associated Taxis | 01279 655666 |
| Kwickcars: | 01279 505555 |
| Premier Taxis: | 01279 655444 |
| Prehire Taxis: | 01279 505050 |

| USEFUL LINKS | |
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| Organisation | Website |
| Google Translate | translate.google.co.uk/ |
| Gov.uk page information | https://www.gov.uk/government/publications/ukraine-family-scheme-application-data https://www.gov.uk/government/publications/ukraine-family-scheme-application-data |
| Gov.uk Welcome Guide for Ukrainians arriving in the UK | www.gov.uk/government/publications/welcome-a-guide-for-ukrainians-arriving-in-the-uk |
| Gov.uk site information in relation to Visas and Immigration | https://apply.visas-immigration.service.gov.uk/product/ukraine-scheme-brp |
| The UNHCR refugee agency is a global organisation dedicated to saving lives, protecting rights and building a better future for refugees. They fund emergency shelters, repairs for homes damaged by shelling, emergency cash assistance, psychological support and warm clothing. | www.unhcr.org/ua/en help.unhcr.org/ukraine/uk/ |
| Translators without Borders | https://translatorswithoutborders.org/ |

| SOCIAL MEDIA | | | | |
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| Organisation | Link | | | |
| Facebook group A place for Ukrainian families to request a home, and for Bishops Stortford residents to offer safety. | www.facebook.com/groups/3152176298443278 | | | |
| Facebook group Host Ukrainian refugees in your home (international/EU) | www.facebook.com/groups/636888250932802 | | | |
| Facebook group UK Homes for Ukrainians | www.facebook.com/groups/654051075885672 | | | |
| Facebook group Sponsored refugee coach travel from Warsaw to the UK | www.facebook.com/groups/720764482432558 | | | |
| Facebook group Refugees welcome - UK | https://www.facebook.com/groups/1625303634416620 | | | |
| Facebook group Saffron Walden stands with Ukraine | https://www.facebook.com/groups/5160282350688465 | | | |

LOCAL EMPLOYERS HIRING UKRAINIAN NATIONALS

| Organisation | Contact Name | Tel Number | Email Address | Website |
|-------------------------------|-----------------|---------------|--------------------|------------------------------|
| Fast Despatch Logistics | Stefan Illie | 07946 401 089 | stflex94@yahoo.com | https://fastdespatch.com/en/ |

- » Need to be over 21 years of age
- » Hold a clean driving licence for 2 years (Category B)
- » Have a work permit