

FACT SHEET

Family Mediation

KEY CONTACT



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Mediation aims to help couples find a solution that meets the needs of the whole family and feels fair to each of them. It can help reduce tension, hostility and misunderstandings and so improve communication.

Our Team is committed to helping you find fair, workable and lasting solutions to matters arising from your separation.

What is Mediation?

Mediation is a chance for you to discuss with each other your particular issues and options for the future. These meetings are managed and assisted by properly trained professionals to ensure that you are able to communicate in a safe and neutral environment. The mediator will provide a structure for these discussions that allows you to reach personalised solutions that are right for your particular needs.

The Benefits

Mediation can prove to be a positive process in many ways. It works by a way of a series of voluntary and confidential meetings with both participants where the mediator provides support and assistance for your discussions. You have control over both the timescale and the outcome of the meetings, encouraging positive communication between you.

We can also involve other experts in meetings, such as financial neutrals.

Always Helping You

We can assist you in issues such as:

- » Telling your children you are separating;
- » Working out who starts a divorce and based on which reason;
- » Working out arrangements for your children, including a parenting plan;
- » Working out the financial arrangements.

Our Promise

Our team of mediators are neutral and impartial and will help you to discuss your issues in a safe, confidential and voluntary way.

We bring together a wide range of legal and psychological skills combined with over 40 years of collective experience helping families during relationship breakdowns. We are able to facilitate balanced discussion with you whilst giving information and assist you in finding your own options for the future. In addition to this we:

- » Manage full and frank information sharing;
- » Are independent from your legal or financial advisers;
- » Reality test your proposals;
- » Document the information shared;
- » Document which options are discussed, any mutually acceptable proposals and the reasons behind these decisions.

Any proposals you make are binding only once you have had a chance to take independent legal and financial advice and they are converted into legally binding agreements by your lawyers.

We also offer child inclusive mediation (direct child consultation).

This fact sheet has been provided for information purposes only and should not be construed as legal advice. Whilst every effort has been made to ensure that the information in this fact sheet is correct (as at October 2020), it is intended as a guide only and should not be relied upon. Specialist legal advice should be sought so that all the factors specific to your circumstances can be taken into account.